

Hospital Packing List

For You

- _ Phone Charger
- _ Camera (Batteries/Charger)
- _ Snacks
- _ Toothbrush & Toothpaste
- _ Hairbrush & Ties
- _ Gown or Robe
- _ Shower Shoes
- _ Going Home Outfit
- _ Cord Blood Kit
- _ Placenta Transport Kit

For Your Partner

- _ Phone Charger
- _ Change of Clothes
- _ Bathing Suit
- _ Snacks
- _ Toothbrush & Toothpaste
- _ List of People to Call/Text

For Your Baby

- _ Going Home Outfit
- _ Car Seat
- _ Baby Wash (if baby will be getting a bath at the hospital)
- _ Formula (if different than brand the hospital has)

