

# Preparing for an Induction

An induction is a procedure or series of procedures that are performed with the goal of getting your body to go into labor before it happens naturally. There are many methods of inducing labor, each with their own risks and benefits.

Why are you suggesting an induction?

What is my Bishop Score?

What can I do before my induction to start labor at home?

What methods of induction are you considering?

How, and at what point, will we evaluate progress?

What are my options besides induction?

What are the risks and perceived benefits for me and the baby?

